

# Balancing Act



**Text: Mark 6:30-34, Genesis 1:1-5, Genesis 2:1-3**

## I. Introduction

- We all need a quiet, peaceful resting place...the house of the Lord

## II. Jesus Knew Well How Important It Was For People To Get Away From Time To Time

- Church camp can be enjoyed by all
- There are different programs for all age levels
- **Mark 6:31**
- It was Jesus who suggested getting away, not the apostles
- Even God rested on the seventh day

## III. Our Lives Were Designed For Balance

- Many corporations sponsor work-life balance workshops
- Many in the church bring in stress from the outside into the church
- God intended the day for work and the night for rest though it seems the world is changing
- When our lives get out of balance, we pay a price, even a heavy price at times
- Christianity is an active faith
- Christians take up crosses and make sacrifices
- Jesus never meant for us to be so involved in church we neglect time alone with Him

## IV. One Of The Greatest Needs Each Of Us Has Is To Spend Time One-On-One With God

- Sadly, an imbalance in our faith, an outside group can influence those who feel their needs are not being met
- They focus on being self-centered, not Christ-centered
- We need to stay focused on Him
- We need to spend time in prayer with God

## V. Conclusion

- In the hurry of life, remember God cares for us
- He gave His son, He loves the world that much
- The reason to gather for worship is to refresh ourselves