

Stress, Stress And Still More Stress (part 1)



Text: Matthew 14:13-21

I Introduction

- Different people react to stress in different ways

II. How Jesus Dealt With Stress

- When He was hounded, He went to a solitary place

III. Two Different Ways To Approach Stress In Our Own Lives

1. The approach of the Disciples
 - Disciples not shown often in a favorable light in the Gospels, often frightened
 - Disciples represent us in the story
 - We approach it the same way they approached everything – with fear, anxiety, worry and stress
 - They lived and sometimes some of us live in fear, not faith