

Worn To A Frazzle



Text: Matthew 11:16-30

I. Introduction

- I believe Jesus could have been describing himself in our text
- *Only one yard of cheap flannel stands between me and a nervous breakdown!* - Linus, from *Peanuts*
- *What it means to be “yoked” to Jesus*
- He walks along beside us, He bears our burdens for us
- If you're a Christian, then you don't have to bear the weight of the world on your own shoulders

II. There Are Other Forms Of Fatigue More Draining Than Physical Fatigue

- Mental and emotional fatigue can wear you down more than physical fatigue
- Physical fatigue may be the easiest fatigue to deal with
- Stress and strain and nagging fatigue from worry, both about our past and our future, is more demanding than physical fatigue
- Give your worries to Jesus
- You can sleep while trusting in the One who never sleeps

III. When We Are Yoked To Jesus We No Longer Have To Prove We Belong

- Our own insecurities get in our way of doing the things we need to
- Grief inflicts a lot of pain in our lives
- “With God's help, I shall attempt to become myself” - Kierkegaard
- Some may rebel with unacceptable behavior
- We need to rely on Christ
- This world is not my home, I'm just a passing through

IV. When We Are Yoked To Jesus, We Know That We Are Loved, Accepted, And Forgiven

- Inner turmoil in our lives can be eliminated through Christ's love
- Don't we all need God's forgiveness and His mercy?

- You can be loved, accepted, and forgiven by coming to Christ
- Do you worry about your past, your present, your future?
- Do you want to be loved, accepted, and forgiven?
- Will you make the decision to accept Jesus as your Lord and Savior?
- Jesus still makes yokes for us today

V. Conclusion

- Will you take His yoke upon you and allow Him to be your Lord and Savior...today?